



Kindness Matters. Complete as many acts of kindness as you can. Have fun!



Acts of Kindness

☐ Invite a new friend to play.



 \Box Smile at 25 people.



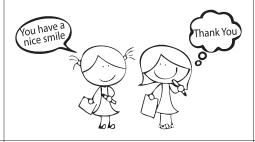
☐ Make a wish for a child in another country.



☐ Give your friend a High Five.



☐ Compliment 5 people.



 \Box Be kind to yourself and eat a healthy snack.



Decorate 5 hearts and give them to friends.



 □ Entertain someone with a happy dance.



Lend a pencil to a friend.



☐ Help someone up if they fall down.



☐ Thank someone who has helped you.



□ Create your own kind deed.









